



General Assembly

**Substitute Bill No. 222**

February Session, 2026



**AN ACT PERMITTING SCHOOL DISTRICTS TO OFFER AN EXEMPTION FROM THE PHYSICAL EDUCATION CREDIT REQUIREMENT TO HIGH SCHOOL STUDENTS WHO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS.**

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. Subsection (f) of section 10-221a of the general statutes is  
2 repealed and the following is substituted in lieu thereof (*Effective July 1,*  
3 *2026*):

4 (f) (1) Any student who presents a certificate from a physician,  
5 physician assistant or advanced practice registered nurse stating that, in  
6 the opinion of the physician, physician assistant or advanced practice  
7 registered nurse, participation in physical education is medically  
8 contraindicated because of the physical condition of such student, shall  
9 be excused from the physical education requirement, provided the  
10 credit for physical education may be fulfilled by an elective.

11 (2) Any student who participates in interscholastic athletics may be  
12 exempt from the physical education and wellness requirement under  
13 subdivision (3) of subsection (d) of this section, provided such  
14 exemption is permitted pursuant to a policy adopted by the local or  
15 regional board of education of the school district in which such student  
16 is enrolled. Any student who receives such exemption shall still be

17 responsible for completing a minimum of twenty-five credits in order to  
18 graduate from high school or be granted a diploma under this section.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>July 1, 2026</i>	10-221a(f)

**ED**      *Joint Favorable Subst.*